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A quote from Pope Francis:

"Let us think about ourselves, in our miseries - everyone has their own. Let us think sincerely. How often do we cover them up with the hypocrisy of 'good manners!' At these times we need to stay alone, to kneel before God and to pray: 'Lord, if You will, You can make me clean!' And do this, before you retire to bed, every evening. Let us now say this beautiful prayer together: 'Lord, if You will, You can make me clean.' "

-- General audience, June 22, 2016

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